



ARMY

Army Inshore Sail Training Centre (South)

Glebe House, Church Road,
Thorney Island, Emsworth
Hampshire
PO10 8DS

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Army Sailing Association

Course Number:

Dates:

Course/Event Title:

Name:

COURSE JOINING INSTRUCTIONS FOR STUDENTS ATTENDING THE AISTC(S)

Introduction

You are attending the course/event above as a student, an event as a participant or a visiting instructor delivering training at the Army Inshore Sail Training Centre (South), (AISTC(S)), PO10 8DS. The Centre is located on Baker Barracks approximately 14 miles from Portsmouth, right in the heart of beautiful Chichester Harbour. **Courses start at 0900** on day one unless previously arranged. Further timings will be advised by staff throughout your time with us.

Facilities

The Centre has the following facilities:

Accommodation for 51 students – Please note sleeping bags and pillows are required.
Free WIFI
Television room

Equipment

Equipment needed for your course will be provided. You may wish to bring any additional warm clothes, sunscreen etc.

Clothing

Civilian clothing will be worn for the duration of the course. Foul weather gear is provided for powerboat students and wetsuits, spray tops, wet boots and buoyancy aids are available. A woolly hat is recommended for power boat courses even in the summer months.

Course Fees

Course fees are published in the course brochure and should be paid prior to arrival in full. Fees will not be reimbursed if wind conditions are not conducive to the course.

ASA Membership

All students must be ASA members to attend the course. Membership can be sought from the [ASA website](#) or completed at the start of the course. Those that are members of their Corps Yacht Club that have Affiliated membership do not require additional ASA membership. Evidence of Corp YC membership must be shown on day one of the course.

Accommodation

Any student requiring accommodation the evening before the course should call to check for availability and make arrangements by emailing sailarmy@btconnect.com if they haven't already requested this on their application. The room key will be in a named envelope in the Centre foyer. **Remember to bring a sleeping bag.** Alternatively, there are messes on the Island

| | |
|-------------------|------------|
| Officers' Mess | 94295 8237 |
| WOs' & Sgts' Mess | 94295 8851 |

Catering

The Regimental Restaurant is 'Pay As You Dine' (PAYD) and is approximately one mile from the Centre. It is open for meals at very competitive prices. Alternatively, there is a small shop on the island where students can buy snacks and other provisions. There is a fully fitted kitchen on site to facilitate self-catering. Caterers provide baguettes etc. that can be ordered at the start of the day and are delivered for lunch at very reasonable rates. There are also vending machines with snacks and drinks available.

Travel

The nearest train station is Emsworth; approximately four miles away. For those driving use [ViaMichelin](#) as other route planners take you elsewhere.

Qualifications

All students are requested to bring logbooks containing a log of previous experience and qualifications if applicable. Those on a Powerboat Level 2 or VHF DSC courses need to bring a passport photo for the qualification certificate they will gain.

In exceptional circumstances, there may be changes in the programmed course due to weather conditions. This may result in some students not gaining their desired qualification.

Visiting instructors should bring their relevant qualifications.

Insurance

"The RYA approved Commercial Training Centre, RYA/NSSA Instructors, NSSA Sailing Masters, RYA Senior Instructors, RYA Coaches or as agreed do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury, loss or damage was caused by, or resulted from negligence or deliberate act."

It is advised that all students take out their own personal accident insurance for the duration of the course. Visiting Instructors are advised to have Instructor Indemnity Insurance.

If you are unable to attend this course, please contact the undersigned. Course fees will not be refunded following cancellation within one month of the course.

Jed Cunningham



Centre Manager

